

## **Appendix 10.3 – SANFL Juniors – Junior Competition Modified Tackling Rules**

### **Tackling Rules Under 8**

Players cannot:

Hold an opponent with their hands.

Knock the ball out of opponent's hands.

Push a player in the side

Steal the ball from another player.

Deliberately bump another player.

### **Modified Tackling Rules Under 9 and Under 10**

A Player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side or from behind providing the tackle from behind does not thrust forward the player with the ball (That is push back the player in the back).

If the Player in possession of the ball is taken to the ground in the act of tackling, they will receive a free kick. If the umpire feels the player drops to the ground deliberately in order to receive a free kick, they will be penalized for holding the ball

A Player in possession of the ball, when held by an opponent applying the wrap around tackle, should be given a reasonable chance to dispose of the ball by kick or by handball, or by attempting to kick or handball, otherwise a free kick shall be awarded to the tackler for holding the ball.

The Field Umpire shall conduct a ball-up when the player with the ball has the ball held to the body by an opponent, unless the player has had a reasonable time to dispose of the ball **prior to** being tackled, in which case a free kick shall be awarded to the tackler for holding the ball.

### **Modified Tackling Rules Under 11 Girls**

A Player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side or from behind providing the tackle from behind does not thrust forward the player with the ball (That is push back the player in the back).

If the Player in possession of the ball is taken to the ground in the act of tackling, they will receive a free kick. If the umpire feels the player drops to the ground deliberately in order to receive a free kick, they will be penalized for holding the ball

A Player in possession of the ball, when held by an opponent applying the wrap around tackle, should be given a reasonable chance to dispose of the ball by kick or by handball, or by attempting to kick or handball, otherwise a free kick shall be awarded to the tackler for holding the ball.

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